

Bioidentical hormone replacement therapy

Bioidentical hormone replacement therapy (BHRT) is the treatment of the [hormone](#) deficiencies caused by [menopause](#) using only [molecules](#) that are identical to the [endogenous](#) female hormones. BHRT differs from traditional [hormone replacement therapy](#) which includes animal-derived and invented molecules that are similar to, but not identical to human hormones. The primary bioidentical female hormones, [estradiol](#) and [progesterone](#), are available in both [FDA-approved](#) and individualized pharmacy-[compounded](#) products

Spider Vein Treatment

Spider veins - those small yet unsightly clusters of red, blue or purple veins that most commonly appear on the thighs, calves and ankles. In fact, it's estimated that at least half of the adult female population is plagued with this common cosmetic problem. Many factors contribute to the formation of varicose and spider veins, including pregnancy, hormonal changes, prolonged standing or sitting and genetic influence. Spider veins form from high pressure in the venous system. This, in turn, forces the thin walled veins to expand. These engorged capillaries then expand several times their normal size forming spider veins.

Spider veins may be associated with "feeder veins" or larger underlying varicose veins.

There are many ways to treat spider veins but most important is to identify the cause of the spider veins to prevent reoccurrence. Once the source is found, treatment will begin and will take on average 3-5 sessions spaced about 1 month a part to clear your spider veins.

The following methods are used to treat spider veins and Dr. Mignon will decide which is the best method or combination of methods for you.

Sclerotherapy - Solutions are injected into the vein using an extremely small needle to cause gradual resolution of the veins. Usually 4-6 treatments are necessary. The results are natural and painless.

Laser - There are a variety of lasers that can treat spider veins and some are better than others. Lasers can "erase" spider veins by causing damage to the vessel. Many lasers can also effectively be used for facial veins as well.

Botox Treatment

BOTOX® Cosmetic is a simple, nonsurgical, physician-administered treatment that can temporarily smooth moderate to severe frown lines between the brows in people from 18 to 65 years of age. It is the only treatment of its type approved by the Food and Drug Administration (FDA). Treatments are about 10-minutes, with a few small injections—and within days there's a noticeable improvement in moderate to severe frown lines between the brows, which can last up to 4 months. Results may vary.

BOTOX® Cosmetic is a purified protein produced by the *Clostridium botulinum* bacterium, which reduces the activity of the muscles that cause those frown lines between the brows to form over time.

At the Wellness Center by Dr. Mignon, You can expect the treatment to go like this:

In 2005, almost 3.3 million procedures were performed with FDA-approved BOTOX® Cosmetic.

Dermal Fillers

Restylane is the trade name for a specific formulation of non-animal sourced hyaluronic acid most commonly used for lip augmentation. In the United States, Restylane has been approved by the FDA for cosmetic injection into subdermal facial tissues.[1]

Restylane is injected under wrinkles and aging lines of the face such as the nasolabial folds, melomental folds, "crows feet" and forehead wrinkles. It may also be used for filling aging-related facial hollows and "orbital troughs" (under and around the eyes). The process has a fast recovery time of 2 to 3 days.

However, it is not permanent; reapplication is recommended every six months or so.

The effects of Restylane last around six months.] Recovery time from an injection takes around three days,] as swelling and bruising can be a problem. You may be asked to come back to the Wellness Center two or three weeks after treatment for reassessment.

Mesotherapy/Body Sculpting

With the explosion in awareness about cosmetic enhancement many people are looking for a kinder, gentler way of lessening cellulite without surgery. Mesotherapy seems to fit that bill. Many believe mesotherapy to be far, far superior to endermology or any laser treatment. Mesotherapy is used as an alternative to liposuction, as well as for skin rejuvenation, and can shrink belly fat, double chins, saddlebags and bra bulge. For some it is a reasonable alternative to surgery to shrink fat underneath the eyes. As a cellulite treatment mesotherapy has no peer.

Mesotherapy has minimal side effects if these medications are used in small amounts. Mesotherapy sessions will consist of mapping the treatment area, thoroughly cleansing the area with alcohol, and making microinjections with a very short and thin needle. Multiple injections of homeopathic medications traditional pharmaceuticals, vitamins, mineral and amino acids are made into the targeted area. All medications are selected for the specific condition being treated. For overall weight loss your doctor may inject larger areas to cause a general dissolution of the fat over your body. When treating cellulite, one formulation of medications may be used to dissolve the fat and another to destroy the fibrous bands that bind the skin. Mesotherapy is custom-tailored for each individual. Unlike surgery, mesotherapy is virtually painless. There are no heavy bandages or girdles that need to be worn and one can resume work with relatively no downtime.

Substances used include:

- T3-T4 thyroid,
- Isoproterenol
- Aminophylline
- Pentoxifylline
- L-carnitine
- L-arginine
- Hyaluronidase
- Collagenase
- Yohimbine
- Lymphomyosot
- Co-enzyme cofactors
- Dimethylethanolamine
- Gerovital
- Glutathione
- Tretinoin
- Alpha lipoic acid
- Vitamin C
- Procaine
- Lidocaine
- Ginkgo biloba
- Melilotus
- C-adenosine monophosphate
- Multiple vitamins
- Trace mineral elements
- Carbon dioxide